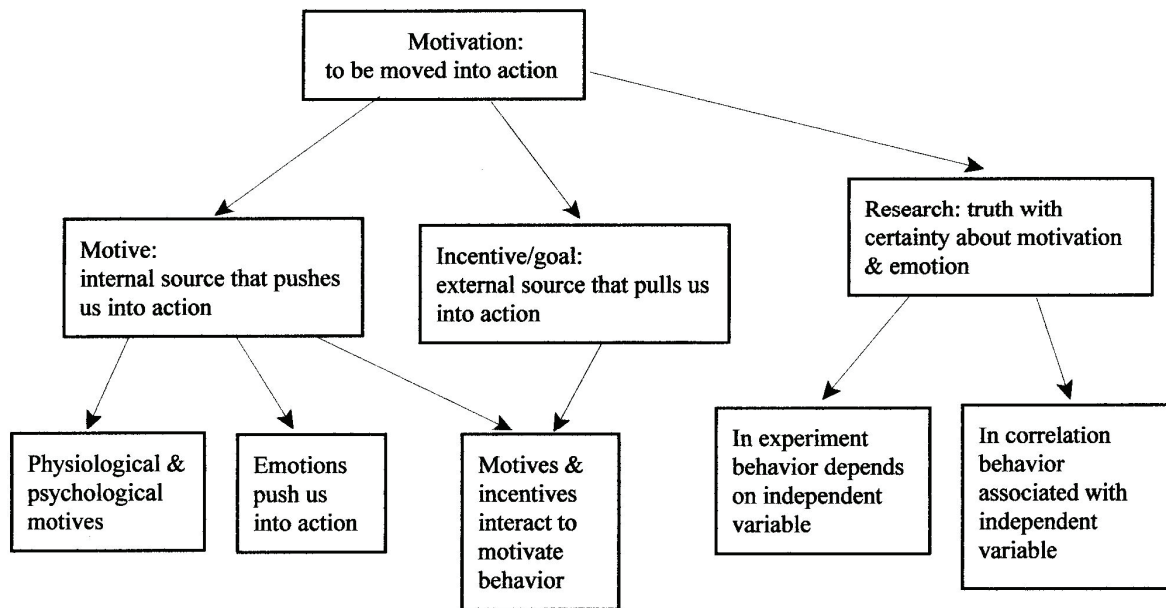


Chapter 1. Introduction to Motivation and Emotion

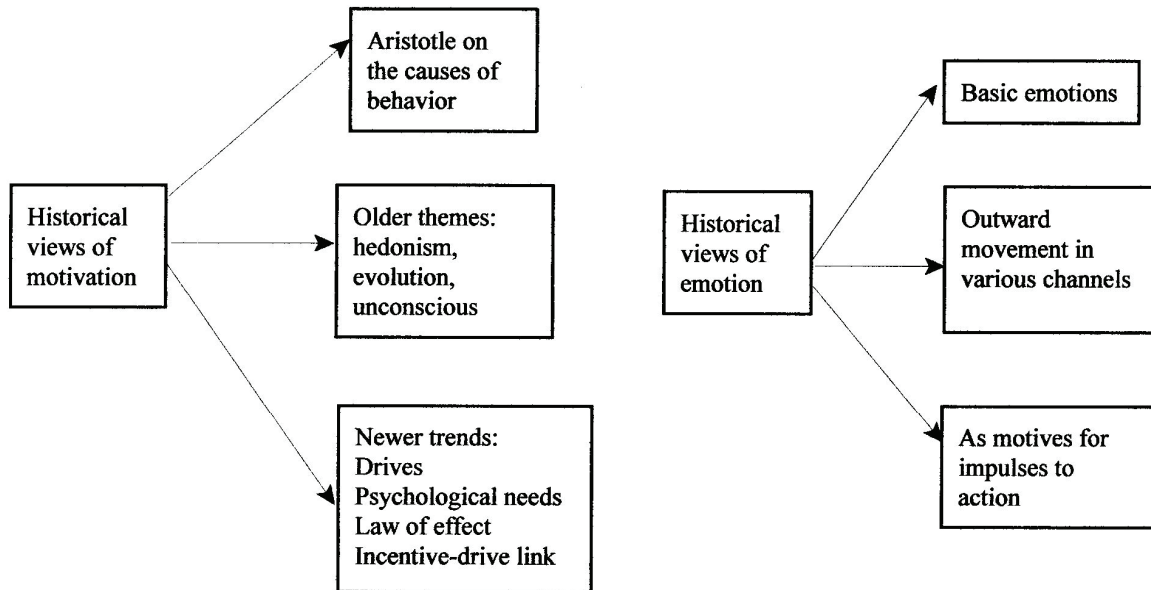
Concept Map



Learning Objectives

1. Describe what motivation is
2. Differentiate between internal and external sources of motivation
3. Illustrate how internal and external sources combine to motivate behavior
4. Explain how a person's evolutionary and personal past determine what is currently motivating
5. Exemplify different behaviors that reflect motivation
6. Differentiate between biological and psychological aspects of motivation.
7. Describe what an emotion is and why it is considered a motive
8. Describe how psychologists conduct research in motivation and emotion

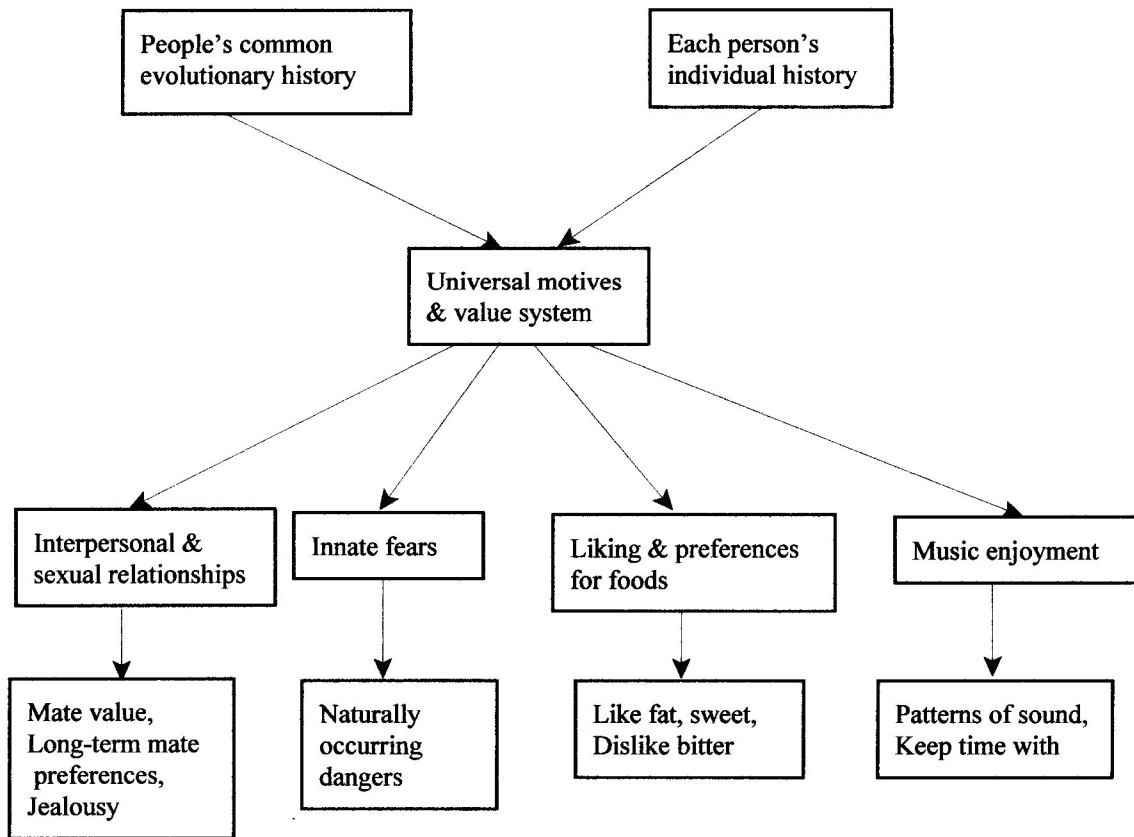
Chapter 2. The History of Motivation and Emotion Concept Map



Learning Objectives

1. Describe what hedonism is and how it motivates behavior.
2. Use evolution theory to explain why humans are alike and different in what motivates them
3. Differentiate between unconscious and conscious motivation
4. Differentiate between physiological needs and psychological needs
5. Describe results of early research on the effects of drive level, reward magnitude and delay
6. Provide historical views on the physiology, impulsiveness, and facial expressions of emotions

Chapter 3. Evolutionary Antecedents of Motivation Concept Map

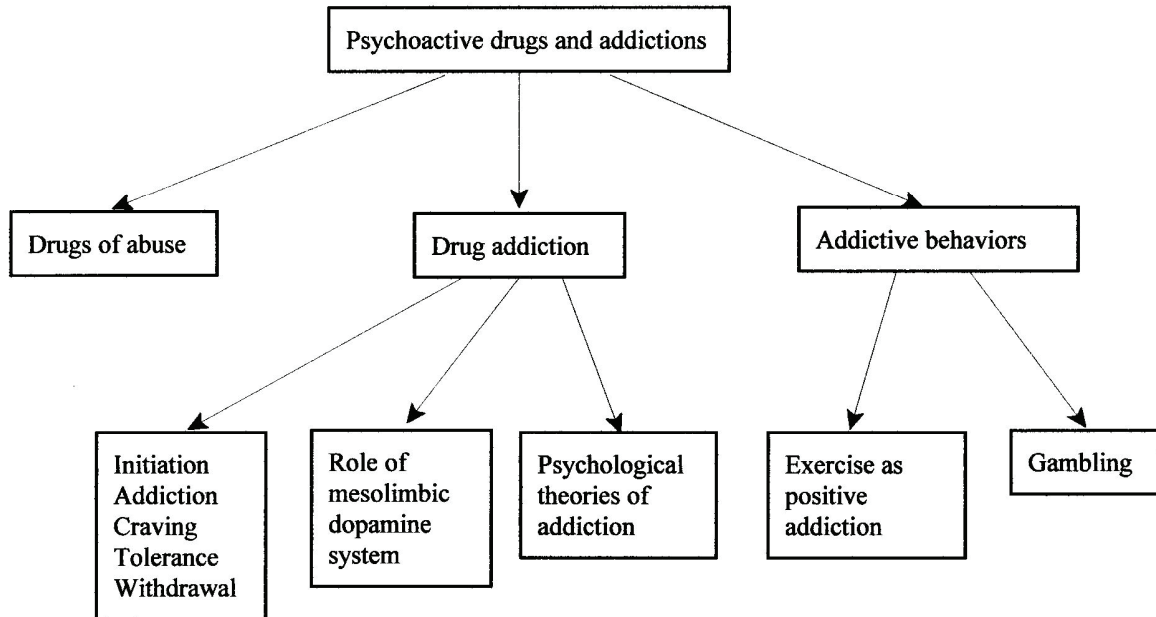


Learning Objectives

1. Differentiate between evolutionary history and personal history
2. Describe what universal motives are and explain how they evolved
3. Describe the differences between men and women regarding long-term mate selection
4. Explain the function of love and jealousy for maintaining a relationship
5. Explain the function of fear as a universal motive
6. Describe the evolutionary significance of taste preferences in very young infants
7. State why psychologists have difficulty explaining the evolutionary significance of music

Chapter 4. Addictions and Addictive Behaviors

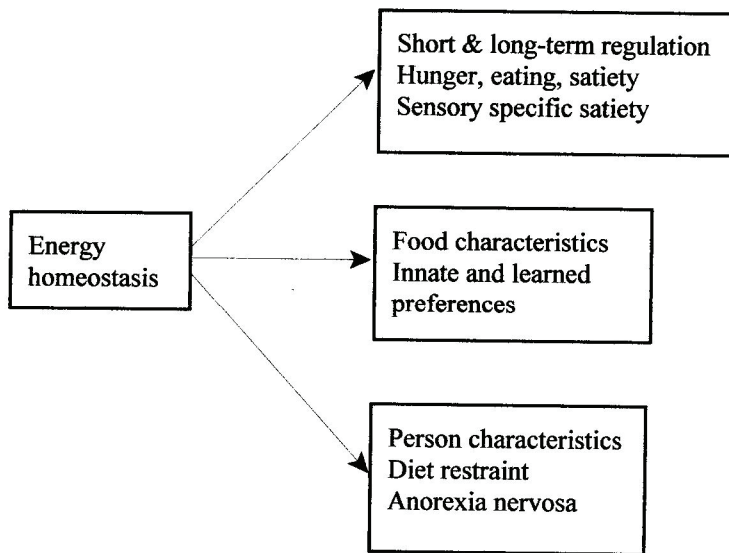
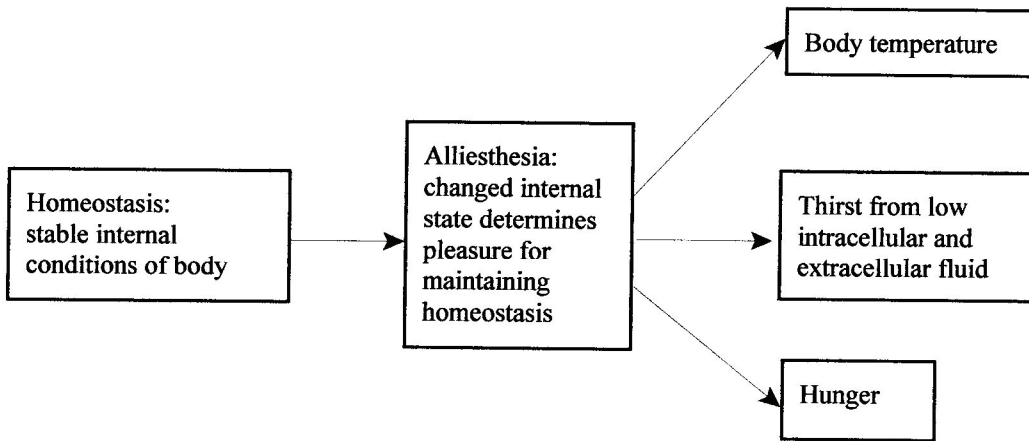
Concept Map



Learning Objectives

1. Describe what psychoactive drugs are and what psychoactive drugs do
2. Elucidate the characteristics of drug addiction or drug dependence
3. Follow the path of a drug from ingestion, to the brain, and to the emergence of pleasure
4. Describe ways environmental stimuli contributes to drug craving and drug use
5. Differentiate between positive reinforcement and negative reinforcement of drug use
6. Differentiate between negative addiction and positive addiction
7. Elucidate the parallels between drug addiction and gambling addiction

Chapter 5. Homeostasis: Temperature, Thirst, Hunger, and Eating
 Concept Map

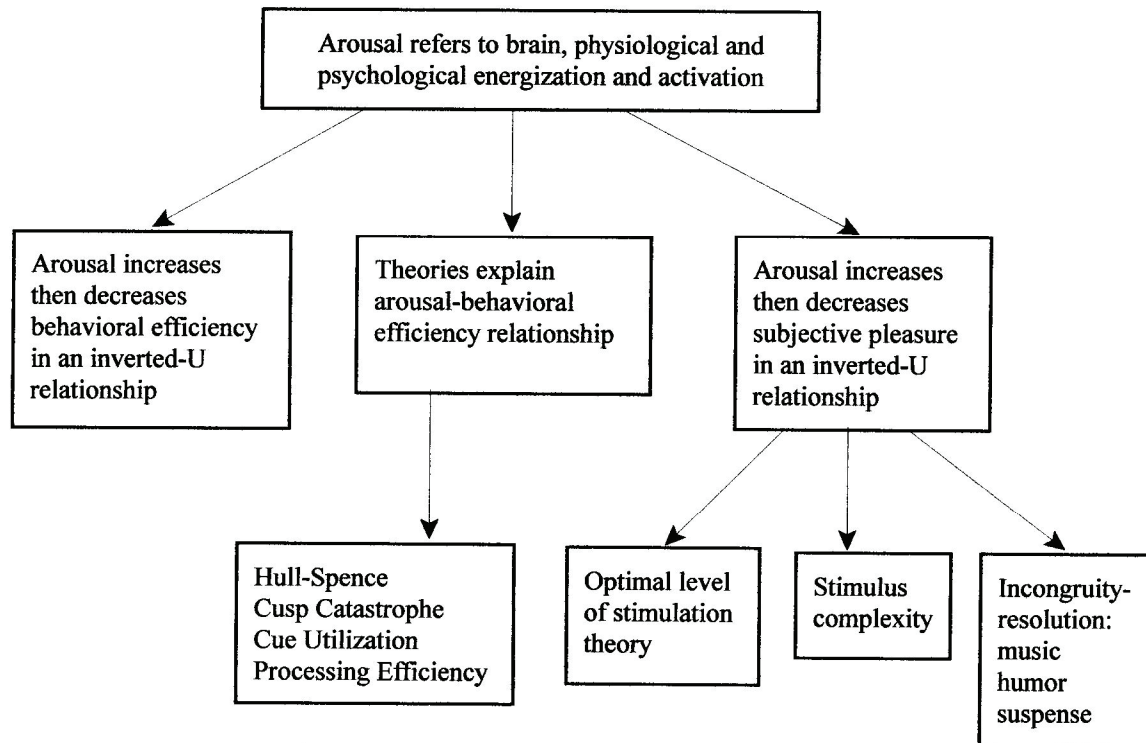


Learning Objectives

1. Describe how pleasure from dressing, drinking, and eating depends on one's internal state
2. Illustrate how the negative feedback system works to maintain temperature homeostasis
3. Follow the chain of events that govern energy homeostasis
4. List physiological and environmental factors that determine the start and end of eating
5. Describe food characteristics that determine what and how much a person eats
6. Differentiate between innate and experiential factors that determine what a person likes to eat
7. Describe differences among people that indicate when they start and stop eating

Chapter 6. Behavior, Arousal, and Affective Valence

Concept Map



Learning Objectives

1. Describe what arousal is in the realm of physiology, the brain, and psychology
2. List various source of arousal
3. Describe how the efficiency of behavior changes with arousal intensity and task complexity
4. Explain why behavioral efficiency depends on the level of arousal
5. Describe what is affective valence is and how it motivates behavior
6. Describe how does affective valence change with stimulus intensity, complexity, and arousal
7. Explain changes in people's stimulus preferences as a result of their experiences
8. Explain why people enjoy of humor, music, and suspense.