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Name: Chapter 001 - Instructor Test Items

Description: Current Issues in Maternal-Newborn Nursing

Instructions: The following questions are from the Instructor's Test Item File. We have attempted to match the online content to the printed content as closely as possible. Some content may have been modified for online presentation or deleted due to the online conversion. We apologize for any inconvenience. We recommend that you create a new assessment, rather than editing the questions in this directory when you want to use the questions. There are image tags that permit the use of multiple images. DO NOT edit the /ppg/directory image tags.

1. **Multiple Choice** **5 points**

Question: Experienced nurses are able to view situations more holistically because they:

Answer: are more aware of subtle cues that indicate client changes.
 need less supervision in managing complex clinical situations.
 spend less time giving direct client care.
 know more about the pathophysiology of diseases.

2. **Multiple Choice** **5 points**

Question: There are a number of problems with the present healthcare system in the United States. At present, however, the issue that is most important in driving healthcare reform is:

Answer: lack of specialists.
 quality of care.
 cost of care.
 ethics of care.

3. **Multiple Choice** **5 points**

Question: State nurse practice acts define the legal scope of nursing practice. With regard to practice within that organization, a hospital can:

Answer: restrict nurses from doing some things allowed by the state nurse practice act.
 permit nurses to do some things forbidden by the state practice act.
 not redefine in any way the limits set by the practice act.
 either restrict or expand the limits of the practice act.

4. **Multiple Choice** **5 points**

Question: A minimum standard of care required of all professional nurses refers to:

Answer: the minimum amount of hours of nursing care required for safe practice.
 the care that a reasonable, prudent nurse would provide in a particular situation.
 nursing care as described in policy manuals.
 the minimum number of professional nurses needed to provide safe care on a unit.

5. **Multiple Choice** **5 points**

Question: The individual ultimately responsible for obtaining an informed consent from the client prior to a cesarean section is the:

Answer: admitting nurse.
 staff nurse.
 physician.

unit manager.

6. **Multiple Choice** **5 points**

Question: Certified nurse-midwives do which of the following?

- Answer:**
- Attend home births under the direct supervision of a physician.
 - Give primary care for high-risk clients who are in hospital settings.
 - Give primary care to healthy women during pregnancy and birth.
 - Obtain a physician consultation for any technical procedures at delivery.

7. **Multiple Choice** **5 points**

Question: In promoting self-care for the childbearing family, the most important function of the nurse is to:

- Answer:**
- correctly identify the problems of the family.
 - find out if the family has insurance coverage.
 - acknowledge the client's right to ask questions and to provide information.
 - assess the mother for complications of childbearing.

8. **Multiple Choice** **5 points**

Question: Which of the following best illustrates an advanced practice nursing role?

- Answer:**
- a registered nurse who is the manager of a large obstetrical unit
 - a registered nurse who is the circulating nurse at surgical deliveries (cesarean sections)
 - a clinical nurse specialist working as a staff nurse on a mother-baby unit
 - a clinical nurse specialist whom other nurses consult for her expertise in caring for high-risk infants

9. **Multiple Choice** **5 points**

Question: According to the 1973 Supreme Court decision in *Roe v. Wade*, abortion is legal if induced:

- Answer:**
- at a federally-funded clinic.
 - before the period of viability.
 - to provide tissue for therapeutic research.
 - at a military hospital overseas.

10. **Multiple Choice** **5 points**

Question: The primary reason for performing intrauterine fetal surgery is to:

- Answer:** correct anatomic lesions that would otherwise be fatal to the fetus.
- further the research on sex-linked hereditary diseases.
 - reduce risk to the mother by preventing the need for a cesarean birth.
 - treat life-threatening fetal conditions just prior to birth.

11. **Multiple Choice** **5 points**

Question: "Neonatal mortality" is defined as the number of deaths of infants less than _____ per 1,000 live births.

- Answer:**
- 1 month of age
 - 28 days of age
 - 15 days of age
 - 1 week of age

12. **Multiple Choice** **5 points**

Question: Prior to 1999, the maternal death rate in the last 25 years had shown:

- Answer:**
- a steady decrease.
 - no significant changes over time.
 - a consistent increase.

a consistent increase.
extreme fluctuations.

13. **Multiple Choice** **5 points**

Question: An example of descriptive statistics is:

- Answer:**
- a positive correlation between two or more variables.
 - the infant mortality rate in the state of Oklahoma.
 - a causal relationship between the number of sexual partners and sexually-transmitted diseases.
 - the total number of spontaneous abortions in drug-abusing women.

14. **Multiple Choice** **5 points**

Question: Which of the following best characterizes a "seamless" system of family-centered care?

- Answer:**
- coordination of services
 - reduction of costs
 - quality improvement
 - increased client choice

15. **Multiple Choice** **5 points**

Question: The maternity nurse's best defense against an accusation of malpractice or negligence is that the nurse:

- Answer:**
- followed the physician's written orders.
 - met the Association of Women's Health, Obstetric and Neonatal Nurses (AWHONN) standards of practice.
 - is a certified nurse midwife or nurse practitioner.
 - was acting on the advice of her nurse manager.

16. **Multiple Choice** **5 points**

Question: It is important to use a formal decision-making process when addressing ethical dilemmas because a formal structure:

- Answer:**
- provides a straightforward solution to the problem.
 - eliminates the complexity of obligations to more than one client.
 - increases the likelihood of addressing the complex needs in a given situation.
 - helps to assure that there will not be conflict among team members.

17. **Multiple Choice** **5 points**

Question: Which of the following families might find cord blood banking to be especially useful? A family:

- Answer:**
- with a history of leukemia.
 - with a history of infertility.
 - that wishes to select the sex of a future child.
 - that wishes to avoid a future intrauterine fetal surgery.

18. **Multiple Choice** **5 points**

Question: Which of the following best characterizes the activity of the Human Genome Project?

- Answer:**
- cloning
 - genetic mapping
 - genetic manipulation
 - gamete intrafallopian transfer

19. **Multiple Choice** **5 points**

Question: The passage of the Newborns' and Mothers' Health Protection Act of 1996 was a direct result of:

- Answer:**
- physician complaints about increased maternal/newborn length of stay.

- ✓ early discharge and inadequate preparation for self and newborn care.
- third-party payor requests.
- a judicial ruling.

20. **Multiple Choice** **5 points**

Question: Self-care has gained wide acceptance with clients, the healthcare community and third-party payors due to research findings that suggest:

- Answer:**
- it has shortened newborn length of stay.
 - it has decreased use of home health agencies.
 - ✓ it has reduced health care costs.
 - it has decreased the number of emergency room visits.

21. **Multiple Choice** **5 points**

Question: What percent of the United States population has no health insurance (public or private)?

- Answer:**
- 10.2%
 - 14.2%
 - ✓ 15.5%
 - 16.9%

22. **Multiple Choice** **5 points**

Question: Currently, the dominant form of healthcare delivery in the United States is:

- Answer:**
- ✓ managed care.
 - fee for service.
 - public aid.
 - outcome-based.

23. **Multiple Choice** **5 points**

Question: Cindy Jones RN is assigned the task of performing TB screenings on all of the children at Fisk Elementary. All permission slips were returned except for the Nguyen children. When the nurse phones to obtain permission, the mother states in clearly-understandable English that she is unable to give permission at this time, as her grandmother is out of town for two more weeks. Which of the following elements of culture is contributing to the dilemma faced by the nurse?

- Answer:**
- permissible physical contact with strangers
 - communication patterns
 - religious beliefs
 - ✓ presence and influence of the extended family

24. **Multiple Choice** **5 points**

Question: The most expeditious method by which the nurse will achieve her goal when there appears to be a cultural conflict is to:

- Answer:**
- try to educate the family.
 - ask the mother if she can speak to the children's father.
 - tell the family that they are endangering their health.
 - ✓ respect the cultural limitation and work with it.

25. **Multiple Choice** **5 points**

Question: The major focus of the nurse practitioner is on:

- Answer:**
- leadership.
 - ✓ physical and psychosocial clinical assessment.
 - independent care of the high-risk, pregnant client.
 - tertiary prevention.

tertiary prevention

26. Multiple Choice **5 points****Question:** Which of the following is not a focus of primary care?

- Answer:**
- health promotion
 - illness diagnosis
 - illness prevention
 - patient's responsibility for his/her own health

27. Multiple Choice **5 points****Question:** A nurse who does not practice within the limits set forth by the state nurse practice act could be guilty of:

- Answer:**
- negligence.
 - practicing medicine without a license.
 - malfeasance.
 - battery.

28. Multiple Choice **5 points****Question:** Who does a state nurse practice act primarily protect?

- Answer:**
- the health care facility
 - the public
 - the nurse
 - the physician

29. Multiple Choice **5 points****Question:** To be considered an emancipated minor, the individual must be:

- Answer:**
- under 16.
 - self-supporting.
 - subject to parental control.
 - married.

30. Multiple Choice **5 points****Question:** Telling their family members the sex of a newborn baby without first consulting the parents would be considered:

- Answer:**
- a breach of privacy.
 - negligence.
 - malpractice.
 - a breach of ethics.

31. Multiple Choice **5 points****Question:** Which of the following is not a function of advanced directives?

- Answer:**
- ability to choose treatment options
 - designating a durable power or attorney
 - initiating a living will
 - designating division of assets

32. Multiple Choice **5 points**

Question: The insurance company is demanding that a patient be discharged in the next two days, as her benefits have run out. The physician and nurses all feel that with no one to take care of this patient at home, it is an ethical breach of duty to send this patient home when she cannot care for herself. In which of the six components of ethical decision making is the nurse if she is evaluating driving and restraining forces and assessing the likelihood of a successful outcome?

Answer:

- data gathering
- ✓ conflict resolution
- action/implementation
- resolution

33. **Multiple Choice**

5 points

Question: Which of the following is an example of assisted reproductive technology (ART)?

Answer:

- ✓ in-vitro fertilization (IVF)
- testicular sperm aspiration (TESA)
- aspiration of unfertilized eggs
- a therapeutic course of Clomid

34. **Multiple Choice**

5 points

Question: Which of the following is an advantage of cord blood over bone marrow in the treatment of potentially life-threatening illnesses?

Answer:

- Cord blood has more cells available for transplantation.
- There is a decreased likelihood of leukemic response.
- Transplantation can be repeated.
- ✓ Cord blood works with a less than perfect match.

35. **Multiple Choice**

5 points

Question: Infant mortality rates in the year 2000 were highest for:

Answer:

- older mothers.
- ✓ adolescent mothers.
- well-educated mothers.
- women in their 20s.

36. **Multiple Choice**

5 points

Question: Which of the following is not an example of basic competencies related to evidence-based practice?

Answer:

- clinical practice supported by good evidence
- ✓ clinical practice supported by intuitive evidence
- clinical practice supported by data
- clinical practice that promotes quality

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