1 Theoretical Perspectives on Human Sexuality

# What Drives Us to Have Sex?

1. Jake is 29-year-old man who feels strong urges to seek out new and exciting experiences. These urges have motivated Jake to try new things when he has sex with his partner. This is an example of what type of influence on sexual behavior?

(a) Psychological[True]

(b) Sociological

(c) Societal

(d) Psychocultural

The correct answer is (a)

2. Religion, science, and local traditions represent examples of what type of influence on sexual behavior?

(a) Psychological

(b) Psychosomatic

(c) Societal and Cultural[True]

(d) Spiritual and Biological

The correct answer is (c)

3. Congenital adrenal hyperplasia (CAH) is associated with expressing more masculine characteristics and behaviors among affected females. This is an example of what type of influence on behavior?

(a) Societal and Cultural

(b) Sociological

(c) Psychological

(d) Biological[True]

The correct answer is (d)

# Major Theoretical Perspectives on Human Sexuality

4. Sam believes that her decision to hook-up with her best friend’s girlfriend was the result of the gratification and fulfillment part of her personality winning a struggle over the parts of her personality that try to keep her rational and moral. Sam is ascribing most closely to what psychological theory?

(a) Exchange Theory

(b) Personality Theory

(c) Psychoanalytic Theory[True]

(d) Game Theory

The correct answer is (c)

5. Mark often plays classical music when he masturbates to keep his housemates from hearing the porn that he watches. Recently, he has noticed that just listening to classical music gets him sexually aroused. This is best explained by what psychological process?

(a) Operant Conditioning

(b) Classical Conditioning[True]

(c) Psychoaural Conditioning

(d) Observational Auditory Learning

The correct answer is (b)

6. Cognitive-behavioral and learning theories are based on the idea that sexual behaviors are influenced by:

(a) Internal struggles between the components of one’s personality.

(b) Exchanging informational resources in interpersonal relationships.

(c) Positive and negative feedback people receive when they express sexual behaviors.[True]

(d) People’s sociosexual need to learn more about their partners.

The correct answer is (c)

7. Dr Telowitz tells her class the following: “Children who grow up around adults who express a positive view of sexuality and don’t shame sexual behavior when it is expressed will have a positive view of sexuality when they themselves become adults.” What psychological perspective/process is Dr Telowitz basing this assertion on?

(a) Social Learning[True]

(b) Social Exchange

(c) Classical Conditioning

(d) Sociosexuality

The correct answer is (a)

8. The Big Five personality factors that are most consistently associated with sexual behavior are \_\_\_\_\_ and \_\_\_\_\_.

(a) Extraversion; Openness to Experience

(b) Sensation Seeking; Neuroticism

(c) Agreeableness; Extraversion[True]

(d) Openness to Experience; Neuroticism

The correct answer is (c)

9. Sarah believes that what men and women find attractive is strongly influenced by their inherent drive to reproduce, and differences in the investments they have to make to reproduce. Her view is strongly influenced by which set of theories?

(a) Personality Theories

(b) Exchange Theories

(c) Evolutionary Theories[True]

(d) Sociocultural Theories

The correct answer is (c)

10. The biopsychosocial perspective suggests that:

(a) Sexual health is influenced by biological, psychological, and social factors, but each component of sexual health can only be influenced by one factor at any given moment.

(b) Sexual health is influenced by a complex interaction of biological, psychological, and social factors.[True]

(c) The influences on sexual health are best studied by social psychologists who incorporate a biological perspective.

(d) Sexual health is influenced the most by biological factors, followed by psychological factors, with social factors having the least amount of influence.

The correct answer is (b)